

January 2012

MON

TUE

WED

THU

FRI

<p>2</p> <p>HOLIDAY NO SCHOOL</p>	<p>3</p> <p>Macaroni & Cheese w/roll Ckn & Chz Quesadilla Green Beans Pinto Beans Strawberry Cup Sliced Peaches</p>	<p>4</p> <p>Hamburger/Cheeseburger Deli Turkey Sandwich Baked Beans Potato Wedges Apple Juice Fruited Gelatin</p>	<p>5</p> <p>Rotisserie Chicken w/roll Deli Ham Sandwich Sweet Potato Souffle Vegetable Medley Baked Apples Fruit Punch</p>	<p>6</p> <p>Pepperoni Pizza Cheese Quesadilla Cream of Broccoli Soup Squash Casserole Pineapple Tidbits Applesauce</p>
<p>9</p> <p>Baked Ziti w/Breadastick Crispy Chicken Salad Steamed Broccoli Spinach Salad Banana Baked Apples</p>	<p>10</p> <p>Hot Dog Crispy Chicken Salad Deli Turkey Sandwich Potato Wedges Baked Beans Sliced Peaches Fruited Gelatin</p>	<p>11</p> <p>Turkey Tetrazzini w/roll Crispy Chicken Salad Deli Ham Sandwich Glazed Carrots Broccoli Salad Fruit Punch Strawberry Applesauce</p>	<p>12</p> <p>Chicken Fillet Sandwich Tst Ham & Chz Sandwich Whipped Potatoes Corn Apple Crisp Pears w/Cherries</p>	<p>13</p> <p>Cheese Pizza Ham & Chz Quesadilla Chili Beans Green Beans Fruit Cocktail Blue Raspberry Juice Bar</p>
<p>16</p> <p>HOLIDAY NO SCHOOL</p>	<p>17</p> <p>Taco w/Spanish Rice Chef Salad Cheese Quesadilla Pinto Beans Cucumbers w/Dip Applesauce Pears w/Cherries</p>	<p>18</p> <p>Spaghetti w/Breadstick Chef Salad Ham & Turkey Sandwich Green Beans Veggie Ranch Salad Fruited Gelatin Grapes</p>	<p>19</p> <p>Breakfast for lunch (sausage/egg//pancake) Tst Ham & Chz Sandwich Potato Tots Baked Apples Orange Wedges Fruit Punch</p>	<p>20</p> <p>Chicken Nuggets w/roll Grilled Cheese Sandwich Carrot Chips w/Dip Potato Soup Mandarin Oranges Pineapple Pudding</p>
<p>23</p> <p>REQUIRED WORKDAY NO SCHOOL</p>	<p>24</p> <p>REQUIRED WORKDAY NO SCHOOL</p>	<p>25</p> <p>Hamburger/Cheeseburger Deli Turkey Sandwich Baked Beans Cole Slaw Apple Juice Grapes</p>	<p>26</p> <p>Bkd or BBQ Chicken w/roll Deli Ham Sandwich Sweet Potato Souffle Vegetable Medley Fruited Gelatin Fruit Punch</p>	<p>27</p> <p>Pepperoni Pizza Cheese Quesadilla Cream of Broccoli Soup Squash Casserole Pineapple Tidbits Applesauce</p>
<p>30</p> <p>Baked Ziti w/Breadastick Crispy Chicken Salad Steamed Broccoli Spinach Salad Banana Baked Apples</p>	<p>31</p> <p>Hot Dog Crispy Chicken Salad Deli Turkey Sandwich Potato Wedges Baked Beans Sliced Peaches Fruited Gelatin</p>			



Meal Prices 2011-2012

Breakfast—\$1.25 / Reduced—\$.30
Lunch PK-5—\$2.00 / 6-12—\$2.15
Reduced—\$.40
Milk—\$.40

START YOUR DAY OFF RIGHT
WITH A HEALTHY BREAKFAST!

A variety of skim, 1%,
and flavored milk is
offered daily in our
cafeterias!



We only serve 100%
fruit juices.



February 2012

MON

TUE

WED

THU

FRI

		1 Turkey Tetrizzini w/roll Crispy Chicken Salad Deli Ham Sandwich Glazed Carrots Broccoli Salad Fruit Punch Strawberry Applesauce	2 Chicken Fillet Sandwich Tst Ham & Chz Sandwich Whipped Potatoes Corn Apple Crisp Pears w/Cherries	3 Cheese Pizza Ham & Chz Quesadilla Chili Beans Green Beans Fruit Cocktail Blue Raspberry Juice Bar
6 Macaroni & Cheese w/roll Chef Salad Steamed Broccoli Steamed Cabbage Peach Cobbler Apple Juice	7 Taco w/Spanish Rice Chef Salad Cheese Quesadilla Pinto Beans Cucumbers w/Dip Fruited Gelatin Pears w/Cherries	8 Spaghetti w/Breadstick Chef Salad Ham & Turkey Sandwich Green Beans Veggie Ranch Salad Applesauce Grapes	9 Breakfast for Lunch (sausage/egg/pancake) Tst Ham & Chz Sandwich Potato Tots Baked Apples Orange Wedges Fruit Punch	10 Chicken Nuggets w/roll Grilled Cheese Sandwich Carrot Chips w/Dip Potato Soup Mandarin Oranges Pineapple Pudding
13 Ckn & Cheese Quesadilla Taco Salad Broccoli & Carrots w/Dip Baked Potatoes Cherry Juice Bar Baked Apples	14 Turkey/Rice/Gravy w/roll Taco Salad Deli Turkey sandwich Green Beans Cole Slaw Pears w/Cherries Sliced Peaches	15 Hamburger/Cheeseburger Taco Salad Ham & Turkey Sandwich Baked Beans Lettuce/Tom/Onion/Pickle Apple Juice Fruited Gelatin	16 Bkd or BBQ Chicken w/roll Deli Ham Sandwich Sweet Potato Souffle Vegetable Medley Grapes Fruit Punch	17 Pepperoni Pizza Cheese Quesadilla Cream of Broccoli Soup Squash Casserole Pineapple Tidbits Applesauce
20 Baked Ziti w/Breadstick Crispy Chicken Salad Steamed Broccoli Spinach Salad Banana Baked Apples	21 Hot Dog Crispy Chicken Salad Deli Turkey Sandwich Potato Wedges Baked Beans Sliced Peaches Fruited Gelatin	22 Turkey Tetrizzini w/roll Crispy Chicken Salad Deli Ham Sandwich Glazed Carrots Broccoli Salad Fruit Punch Strawberry Applesauce	23 Chicken Fillet Sandwich Tst Ham & Chz Sandwich Whipped Potatoes Corn Apple Crisp Pears w/Cherries	24 Cheese Pizza Ham & Chz Quesadilla Chili Beans Green Beans Fruit Cocktail Blue Raspberry Juice Bar
27 WORKDAY NO SCHOOL	28 Taco w/Spanish Rice Chef Salad Cheese Quesadilla Pinto Beans Cucumbers w/Dip Applesauce Pears w/Cherries	29 Spaghetti w/Breadstick Chef Salad Ham & Turkey Sandwich Green Beans Veggie Ranch Salad Fruited Gelatin Grapes		



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March 2012

MON

TUE

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FRI

			1 Breakfast for Lunch (sausage/egg/pancake) Tst Ham & Chz Sandwich Potato Tots Baked Apples Orange Wedges Fruit Punch	2 Chicken Nuggets w/roll Grilled Cheese Sandwich Carrot Chips w/Dip Potato Soup Mandarin Oranges Pineapple Pudding
5 Chicken & Chz Quesadilla Taco Salad Broccoli & Carrots w/Dip Baked Potato Cherry Juice Bar Baked Apples	6 Turkey/Rice/Gravy w/roll Taco Salad Deli Turkey Sandwich Green Beans Cole Slaw Pears w/Cherries Peaches	7 Hamburger/Cheeseburger Taco Salad Deli Ham & Turkey Sand Baked Beans Lett/Tom/Pickle/Onion Apple Juice Fruited Gelatin	8 Baked/BBQ Chicken w/roll Deli Ham Sandwich Sweet Potato Souffle Vegetable Medley Grapes Fruit Punch	9 Pepperoni Pizza Cheese Quesadilla Cream of Broccoli Soup Squash Casserole Pineapple Tidbits Applesauce
12 WORKDAY NO SCHOOL	13 Hot Dog Crispy Chicken Salad Deli Turkey Sandwich Potato Wedges Baked Beans Peaches Strawberry Applesauce	14 Turkey Tetrizzini w/roll Crispy Chicken Salad Deli Ham Sandwich Glazed Carrots Broccoli Salad Fruit Punch Fruited Gelatin	15 Chicken Fillet Sandwich Tst Ham & Chz Sandwich Whipped Potatoes Corn Apple Crisp Pears w/Cherries	16 Cheese Pizza Ham & Cheese Quesadilla Chili Beans Green Beans Fruit Cocktail Blue Raspberry Juice Bar
19 Macaroni & Cheese w/roll Chef Salad Steamed Broccoli Steamed Cabbage Peach Cobbler Apple Juice	20 Taco w/Spanish Rice Chef Salad Cheese Quesadilla Pinto Beans Cucumbers w/Dip Fruited Gelatin Pears w/Cherries	21 Spaghetti w/Breadstick Chef Salad Deli Ham & Turkey Sand Green Beans Veggie Ranch Salad Applesauce Grapes	22 Breakfast for Lunch (sausage/egg/pancake) Tst Ham & Chz Sandwich Potato Tots Baked Apples Orange Wedges Fruit Punch	23 WORKDAY NO SCHOOL
26 Chicken & Chz Quesadilla Taco Salad Broccoli & Carrots w/Dip Baked Potato Cherry Juice Bar Baked Apples	27 Turkey/Rice/Gravy w/roll Taco Salad Deli Turkey Sandwich Green Beans Cole Slaw Pears w/Cherries Peaches	28 Hamburger/Cheeseburger Taco Salad Deli Ham & Turkey Sand Baked Beans Lett/Tom/Pickle/Onion Apple Juice Fruited Gelatin	29 Baked/BBQ Chicken w/roll Deli Ham Sandwich Sweet Potato Souffle Vegetable Medley Grapes Fruit Punch	30 Pepperoni Pizza Cheese Quesadilla Cream of Broccoli Soup Squash Casserole Pineapple Tidbits Applesauce



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Lunch PK-5—\$2.00 / 6-12—\$2.15
Reduced—\$.40
Milk—\$.40

CONOVER SCHOOL MENU
WILL VARY SLIGHTLY
DUE TO SPECIAL DIETS.

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milk is offered daily
in our cafeterias!



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fruit juices.

